

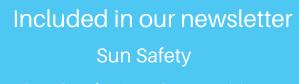


CUSTOMER FOCUSED

CARING



"Empowering trust, fostering happiness, and promoting independence for all"



Our Gardening Competition Damp & Mould prevention

Our new complaints inbox -Complaints@ahscic.co.uk



info@ahscic.co.uk













Tips to prevent condensation, damp and mould

Try to maintain a regular temperature around your home.

Reduce moisture production by:

- Cooking Keep lids on pans to trap steam and use extractor fans and open a window.
- Bathing and Showering Use the extractor fan, open the window during and after and keep the doors closed to prevent steam spreading.
- Drying Clothes Double spin the washing to remove excess water, dry laundry outside where possible, if not dry in a well-ventilated room with the door closed and a window open and or an extractor fan running and double spin the washing to remove excess water.

Surface Moisture:

Wipe down windows, sills, and wet surfaces in kitchens and bathrooms each morning to remove condensation.

Improve Ventilation:

- Open windows regularly especially after high moisture activities, ensure trickle vents are opened.
- Open curtains and blinds in the day time and ensure they do not block radiators to allow the sunlight to naturally warm the room.

If you notice any issues or suspected new patches on your walls or ceilings please notify

AHS as soon as possible.













Wear Protective Clothing



Use Sun cream



Limit your sun time



Stay Hydrated



Wear Sunglasses



Take breaks under shelter





